

APRIL 2021

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HILLHURST SUNNYSIDE VOICE

PRESERVING AND ENHANCING THE QUALITY OF LIFE FOR RESIDENTS OF HILLHURST SUNNYSIDE



HSCA'S VIRTUAL AGM IS APRIL 27, 2021

HSCA CELEBRATES NATIONAL VOLUNTEER WEEK (APRIL 18 TO 24, 2021) WITH A DEDICATION TO DOREEN ORMAN

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KEEP TRANSIT ON TRACK



CALGARY NEEDS THE GREEN LINE.

These are tough times for our city. Record numbers of our residents are out of work, and the Province continues to make massive cuts to services and institutions we hold dear. This is not what we were promised. It's hard to blame anyone for feeling pessimistic about what's to come.

THIS DOESN'T HAVE TO BE THE END OF THE LINE FOR CALGARY.

We've fallen on hard times in the past. What got us through was our ability to look past the hardships of today and envision the possibility of tomorrow. We can do it again.

The money that Calgary sends up to Edmonton, needs to come back to our city to fund projects that create good jobs. Projects that give our residents hope for the future. Projects like the Green Line.

Calgary is a city we should be proud of—but saying no to the Green Line is saying that you don't believe Calgary can be even better tomorrow. We know that's not true.

WE'RE SO CLOSE TO THE FINISH LINE. WE CAN'T STOP NOW.

Calgarians are eager to get back to work and to support our local economy. The Green Line would give them those opportunities—not just now, but well into the future.

Young people in our city are questioning if they have a future here. The Green Line would help give them peace of mind that Calgary is a place where they can grow roots.

Residents of our city's core are wondering when the heart of Calgary will begin to pump again. The Green Line would get the economic blood flowing.

Each time our leaders decided to take half-measures on transit just to save a quick buck, it only cost us in the long run. On the other hand, you'd be hard-pressed to find a Calgarian who would argue that Ralph Klein's fight for the LRT in the 80s was the wrong choice for our city.

CALGARY ISN'T A LOST CAUSE. WHY ARE OUR LEADERS ACTING LIKE IT IS?

We need leaders in City Hall who are willing to invest in our future and fight for the Green Line. Leaders who are willing to stand up to the province's short-sighted cuts and demand our city gets its fair share. Leaders who are willing to believe that our city's best days are yet to come.

We know we're not alone in believing that we can do better. Join our fight to save the Green Line by signing the petition at calgarysfuture.ca/greenline.

This is our chance to get Calgary, and the Green Line, back on track—we need your help to do it.

Deborah Wong
Community Organizer





Hillhurst Sunnyside Community Association

Community Centre

1320 5 Avenue NW, Calgary, AB T2N 0S2

Phone: 403 283-0554 • Fax: 403 270-3130 • www.hsca.ca

BOARD OF DIRECTORS

Ryan Morstad	Chairperson
Mary Marson-Troicuk	Vice Chairperson
Yasmeen Huq	Treasurer
Laila Adam	Secretary
Sandra Walker	Chair, Personnel Committee
Kristin Chow	Director at Large
Cynthia Mazereeuw	Director at Large
David Fanstone	Director at Large
VACANT	Director at Large

Please note that due to the HSCA's closure related to COVID-19, only a limited number of staff will be available. We appreciate your patience during this transitional time.

STAFF LISTING

Matt Youens	Executive Director Ext. 221	matt.y@hsca.ca
Lisa Chong	Community Planning Ext. 229	lisa.c@hsca.ca
Stephanie Corbett	Communications Coordinator Ext. 226	stephanie.c@hsca.ca
Shannon Martel	Childhood Director/Daycare Program Manager	403-270-9703, shannon.m@hsca.ca
Genevieve Fisher	OOSC Program Manager	genevieve.f@hsca.ca
Karl Kingsley	Facility Services Manager Ext. 223	karl.k@hsca.ca
Debbie Olson	Seniors' Connection Coordinator Ext. 224	debbie.o@hsca.ca
Amy Kettenbach	Controller Ext. 225	accounting@hsca.ca
Hillhurst Sunnyside Daycare	Sunshine and Rainbow Rooms	403-270-9703
Bonnie Constable	Flea Market Coordinator Ext. 231 (drop in on Sundays, or leave a message - calls returned on Wednesdays and Sundays only)	
Emily Jones	Community Programs Coordinator Ext. 248	emily.j@hsca.ca
Shaye Radford	Community Connections Coordinator Ext. 247	shaye.r@hsca.ca

SUSTAINABLE FOOD PROGRAMMING AT THE HSCA

MONDAYS 4-6PM

except holidays
A joint approach to increase access to good food in our community.



FRESH ROUTES

EVERYONE is welcome!
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FRESH FOOD BASKET

Grocery subsidies for residents of Hillhurst Sunnyside struggling to access good food.



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Grocery prescriptions for folks managing chronic dietary health conditions and struggling to access good food.

FOR DETAILS OR TO DONATE GO TO WWW.HSCA.CA/COMMUNITY-FOOD-PROGRAM





Program Phone Numbers

*Chair Yoga	Debbie 403-283-0554 ext. 224
*Farmers' Market *Fresh Food Basket	Emily 403-283-0554 ext. 248
*Flea Market	Bonnie 403-283-0554 ext. 231
<i>(Drop in on Sundays or leave a message. Calls returned on Wednesdays and Sundays only)</i>	
*Neighbour Night	Shaye 403-283-0554 ext 247
*Seniors' Knitting/ Morning &	Debbie 403-283-0554 ext. 224

Check out our volunteer portal for opportunities to connect and volunteer with your local Hillhurst Sunnyside Community Association! Visit us at hsca.ca/ volunteer or connect with Lisa Chong, our Volunteer Coordinator at lisa.c@hsca.ca.

We are always looking for stories of community to feature on HSCA social media, the neighbourhood blog, and on the Voice magazine. Check out the submission guidelines at hsca.ca/resident-submissions and contact stephanie.c@hsca.ca for details.

Disclaimer: Published articles, reports or submissions reflect the opinions of the author and should not be considered to reflect the opinions of Great News Media (GNM) and the Hillhurst-Sunnyside Community Association (HSCA). The information contained in this magazine is believed to be accurate but is not warranted to be so. GNM and HSCA do not endorse any person(s) advertising in this newsletter. Advertisements are not an endorsement of any goods or services.



Thursdays 6-8pm ONLINE

HSCA hosts an assortment of FREE monthly activities:

- 1st Thursday -- Activity or Craft
- 2nd Thursday -- Zoom Movie Viewing
- 3rd Thursday -- Cooking Class
- 4th Thursday -- Discord Online Chat

All supplies are included for free and can be picked up at HSCA on Mondays during Fresh Routes from 4-8pm.

Contact Shaye for more information and event links:
(403) 283-0554 ext 247. shaye.r@hsca.ca





Lions Park denture clinic

Dhiren Bharadia, Denturist

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Fax: 403-220-0486
info@accufit.ca

Lions Park Professional Building 1521-19 St. N.W., Calgary, AB T2N 2K2



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SENIORS CONNECTION PROGRAMS AT HSCA

For all the programs listed below, or for any further information, ideas, concerns or referrals, please contact me by email at Debbie.o@hsc.ca or call me at 403-283-0554, ext. 224 and leave a message. I will get back to you as soon as possible and provide you with the links to join the classes or talk about any other ideas or concerns you would like to share, talk about, or explore.

NEW - Caregiver Connections

Caregivers provide an important support and connection to parents, family members, and friends. It can also be stressful and lonely, and often there is no one to talk to.

Support provided can be around small supports or they can be very extensive, time consuming, and stressful. You could be providing emotional, physical, or practical support, such as grocery shopping, transportation to appointments, medicine reminders, paying bills, etc. You could be providing this support as a paid or unpaid caregiver and the person you are supporting could be living with you, living in their own home, or even living in a congregate setting, such as supported living or long-term care.

Caregiver Connections will happen on the third Thursday of each month from 7:00 to 9:00 pm. If you would like to connect with others around Caregiving, even if you just want to listen, contact Debbie by phone or email to receive the link.

If you would like to connect, but this day and time do not work for you, send Debbie some suggestions to arrange to hold more than one Connection as needed.

Also check out the HSCA Website for the new Caregiver Connections. This is still a work in progress, but we will be adding information and connections as we go!

There is a link to a Caregiver Survey below that will help to inform about future online sessions, topics, and information for the caregiver site on the HSCA website. Please take a few minutes to provide me with some feedback.

Chair Yoga Online

Chair Yoga Online has returned and there are two classes that participants can join:

- Tuesday at 11:15 am
- Thursday at 11:00 am

Both classes will be accessible half an hour before the class begins and for half an hour after, if anyone wants to connect with other participants.

You will need a link to join the class, so contact me beforehand

so that I can send you the link. Please be sure you join the class at least five minutes before the class start time.

To join either or both classes, you will need a computer, tablet, or cell phone with internet connection to join, but you do not need to have a camera or microphone, just make sure that your volume is turned up so that you can hear, and you will be able to see Sharon on your device so that you can follow the positions.

This class is a great way to keep your muscles, limbs, and joints moving, especially during this time when we may be doing less walking. It is gentle exercise that will help you to move and stay limber. Come join us.

Monday Connections Group

This is currently a small group of seniors who asked to meet to talk with other seniors with the primary purpose of connecting with others virtually, when we are not able to connect in person. Sometimes it is good to talk to someone other than family.

This group meets every two weeks for about an hour, and we talk about changes, challenges, share stories, thoughts, and generally just talk with each other for an hour or so.

Connect with Debbie to receive a link to join the Monday Connections Group.

Volunteers

If you are interested in volunteering with seniors or any of the other programs and supports provided through the Community Connections Program, the food programs, Community Planning, the HSCA Board or Communications, check out Timecounts on our website for postings where volunteers are needed.

If you would like to talk more about possibilities that you might want to explore, but do not see something in Timecounts, send one of us an email, or call and leave a message at any of our extensions. We would love to talk more about the possibilities.

Other Senior Programs

While in-house programs for seniors are on hold, we are exploring other ways of connecting. Stay tuned for more information as these develop. If you have any thoughts or ideas, please share them with me. I am always looking for new ideas that will support the needs of seniors, neighbours, and volunteers in our community. If you can access our website, there is a general survey/questionnaire on the site and you can submit ideas, thoughts, questions, etc. there.



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Community Planning and Engagement

by Lisa Chong and Lorna Cordeiro

The Hillhurst Sunnyside Planning Committee (HSPC) is an important part of the HSCA as an organization. It helps articulate the community's vision and local areas of concern, or improvements to the City of Calgary and development applicants. HSPC is guided by the Hillhurst Sunnyside Area Redevelopment Plan (ARP).

Over the years, the work of HSCA Community Planning has resulted in increased awareness, engagement with residents, and built positive relationships with our community partners. Together with the Kensington Business Improvement Area, we have helped advocate for the City's Sunnyside, Hillhurst, and West Hillhurst public realm improvements project, which supports public investments into established communities.

Hillhurst, Sunnyside, West Hillhurst, and Hounsfeld Heights-Briar Hill will be going through the process of developing a Local Area Plan for the entire district, and to replace the current ARP this year. The North Hill communities were the first to go through the LAP process – to get an idea of how this would look for our area, check out engage.calgary.ca/northhill. LAP will be starting after City Council decides on the larger policy work, via the Guidebook for Great Communities on March 22.

HSPC will be hosting City of Calgary representatives on the topics of the Riley Communities Local Area Plan and the new proposed Heritage Tools and Incentives policies at the next virtual meeting on April 8, 2021, at 7:00 pm. These meetings are open to the public – please make sure to attend to learn more about the future of your community!

We need your support! HSPC is seeking to boost its roster with a new Executive Committee. With the Riley Communities Local Area Plan on its way, the community association needs to be in a strong position to advocate for Hillhurst Sunnyside, as there are competing interests and values with our neighbouring communities. Volunteer positions are open to people who are interested in learning more about the planning process and are excited to be a part of the vibrancy and story of the neighbourhood.

HSCA values diversity and inclusivity – all residents are welcome to join, or just to observe. Please contact Lisa Chong, Community Planning and Engagement Coordinator at lisa.c@hsc.ca for details, or if you would like a calendar invitation to the April 8 meeting.



Windshield Survey volunteers Deanne Mudd and Maureen Hodgan reviewing a home in Hillhurst (courtesy of Lorna Cordeiro).

NEW - Heritage Tools and Incentive Policies

In response to a need to balance redevelopment with heritage conservation (and after significant advocacy and engagement by heritage groups!), new policy tools and incentives were passed by Council in July 2020. They included additional grant funding (for designated non-residential heritage buildings), a proposed future residential heritage tax credit program, and (most significant to our community) the phased implementation of residential heritage area policies through 2021 to 2023, in conjunction with the Local Area Plan.

In preparation for the implementation of these heritage policies, a baseline of heritage assets (privately owned historic buildings built at/before 1945 and retaining sufficient architectural integrity) was gathered by the City in a Windshield Survey (completed in 2019/2020). The survey identified 4,122 Heritage Assets over 26 communities, of which approximately 400 are located in Hillhurst Sunnyside. Calgarians for Heritage Districts, a volunteer group, collaborated with the City to review the findings of the Windshield Survey and suggest additions or deletions based on specific criteria. More than 70 volunteers covered the 26 communities from November 2020 to January 2021.

We encourage everyone interested in heritage streetscapes, buildings, and those special places in our community to join us on April 8 to hear more about the new Heritage Policies and what it means for our community.

For further information on the new Heritage Policy Tools and Incentives, along with the Windshield Survey, please visit <https://www.calgary.ca/pda/pd/heritage-planning/heritage-conservation-incentives-and-programs.html>.

Heritage Inspires YYC

The Calgary Heritage Initiative and Calgarians for Heritage Districts have launched Heritage Inspires YYC! Follow them on Facebook, Twitter, and Instagram @HeritageInspiresYYC and visit www.heritageinspiresyyc.org to learn more about our historic neighbourhoods in Calgary!

Jane's Walk 2021

Jane's Walk is a global event of free neighbourhood walking tours held in Calgary and around the world on the first weekend of May, inspired by legendary urbanist and activist, Jane Jacobs. Although the Walks will look different this year,

you can still participate and explore your community.

Check out hsc.ca/blog to find links to the Kensington Art Map, the Sunnyside Art Walk, and the Hillhurst Sunnyside Walking Tour and Map (get a copy of our free brochures at the HSCA's Little Free Library). You can also learn about our community's special family connection to Jane.

Remember to tag us at #hscayc on social media for your chance to get featured!

Fraud Alert

Albertans over the age of 75 in the general population are still waiting for their opportunity to be vaccinated against COVID-19, however, some people have been getting calls telling them they can make their appointment — if they pay for it. This is a scam, seniors who receive this call should hang up immediately and report to the non-emergency line for local law enforcement.

Save the Date: HSCA's Virtual AGM is Tuesday, April 27, 2021

The Hillhurst Sunnyside Annual General Meeting date is scheduled for Tuesday, April 27, 2021. This year's AGM will be 100% virtual, and invites and registration details are available at www.hsc.ca/annual-general-meeting.

Get Involved: Join the HSCA Board of Director

Resident participation in the Board of Directors voting and nomination process is highly encouraged. Our Board of Directors at HSCA has an active involvement with numerous programs, events, and activities in the facility and the community. The Board also operates critical task forces and committees. Hillhurst Sunnyside residents with valid HSCA membership are encouraged also to run for Board positions. We are a diverse group of motivated professionals working on interesting and engaging projects for a forward-looking community association.

Board meetings are held monthly. If you are interested in finding out more about joining the Board or nominating someone for the Board, you may contact our Executive Director, Matt Youens at 403-283-0554, ext. 221 or email matt.y@hsc.ca.

Pre-Kindergarten Educational Services



Pre-Kindergarten
Ages 3-5 years (Pre-K)
Kindergarten Enhancement (KE)
Out of School Care (OSC)

REGISTRATION IS ON-GOING

Email: Register@PreKindergartenEd.com

Sunnyside School — 211 7 Street NW

Pre-Kindergarten – For ages 3-5 years

Kindergarten Enhancement – ½ day program combines with Kindergarten

Out of School Care – Before and After Care Program for Gr. K-6

Pre-Kindergarten (ages 3-5 years)

Pre-Kindergarten is an early literacy focused program combining ample play with learning. Our children play and explore our child-centered classroom, while gaining valuable social skills. Activity centers include math readiness, science, literacy, fine motor work (printing/cutting), arts/craft/painting, in addition to all of the typical preschool centres of sand/water, playdough, puzzles, blocks, story corner and toys. In accordance to AHS and following COVID-19 guidelines, off site trips and in class visitors may be permitted. Our program has a strict and thorough regimen of cleaning protocols which staff follow. Please feel free to ask questions.

Kindergarten Enhancement

This program type combines with Kindergarten to enable Kindergarten students to stay at school Monday to Friday for the duration of the day. The program implements the components indicated in the category above, "Pre-Kindergarten". Please contact us to go on a wait list, and confirm your spot in the School Kindergarten so that we can finalize your placement in our program.

Out of School Care

Out of School Care balances the best of both child led and teacher facilitated experiences in our well-equipped classroom(s). With a thematic approach, we have explored many genres, including STEM, during this past school year. We enjoy the outdoors as well, and utilize outdoor space breaks for exercise and fresh air each day, weather permitting.

Website: www.Pre-KindergartenEd.com
Visit Website for Online Classroom Tour
Follow us at www.facebook.com/PreKindergartenEd

So, You're Going to Paint A Mural on Your Garage Door This Summer?



If you're not an artist, should you attempt to paint a mural by yourself? Absolutely! It's a garage door, it's blank, boring, and maybe old and ugly. You can't possibly make it worse than what is there right now. A stick man, a flower, a handprint - anything is an improvement on doing nothing at all. If you want to improve upon your first concept you can paint over it. You can't mess this up! If you don't have a garage door?

Look around and be creative – a fence, a shed, or ask your neighbour.

Should you sand and clean the door first? Probably wouldn't hurt, but I personally didn't even wash off the current layer of dirt on my metal door before I painted it. It has been up since 2014 and is holding up well.

What paint should you use? Probably exterior paint is the way to go. Although some of the paint on my garage is proper exterior paint, this is just by chance. I just used what I had in my basement (interior, exterior, water based, oil based, and even a little wood stain). I also grabbed a few colors from the return rack at local paint stores that were on a deep discount. If you have a garage door with a lot of south west hot sun exposure, paint choice might be more important.

How do you hire an artist? If you do want to hire an artist, you're in luck because Calgary is full of talent! Expect to pay around \$10 per sq ft. Although established artists might charge more, someone just starting out might be willing to work for the cost of paint. If you ask for a predesign concept work, be prepared to pay the artist for this time, even if you don't go ahead with the mural.

Can't wait to see our out-door gallery grow this summer.

Christie Page (Local Garage Art Pusher)

How to find art in Sunnyside:

<http://bit.ly/sunnysideartwalk>.

KENSINGTON ART WALK
A walking guide to our many Sculptures, Murals and Art Installations.

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In Memory of Doreen Orman, Sunnyside Resident and Life-long Volunteer

HSCA's Virtual AGM: Tuesday April 27, 2021

On the cover: HSCA celebrates National Volunteer Week (April 18 to 24, 2021) with a dedication to Doreen Orman.

by Lisa Chong and Lorna Cordeiro, friends of Doreen

In memoriam of Doreen Orman: 1925-2020. Featured in the YWCA "She Who Dares" Canada 150 project, Doreen lived in Sunnyside from 1946-2017. Since the 1930s, Doreen has dedicated her entire life to volunteering. Doreen's passion for social justice included advancing the rights of youth and women, and especially Indigenous and marginalized people. Doreen received the Governor General's Award in 1992 for her work on advocating for women's rights.

Doreen lived in Sunnyside for 70 years. Her husband, Jack, was raised in Sunnyside and his parents lived down the street from Jack and Doreen's home. Jack's grandparents lived nearby. The Dunns were British immigrants who settled in Sunnyside in the early 1900s. Doreen's father, Jack Dunn, was the first sanitary engineer in the city. Five generations of Doreen's family have lived on Memorial Drive.

Doreen's vision and activism, and collaboration with the City of Calgary and development partners, helped shape the special character and charm of Hillhurst Sunnyside as an urban village; Doreen was HSCA Board President and a strong community voice behind the original 1988 Hillhurst Sunnyside Area Redevelopment Plan. This plan envisioned a choice of housing, including family-oriented housing to prevent the closure of inner-city schools. She also fought against the proposed widening of Memorial Drive in the 1970s.

To date, Memorial Drive is the only designated parkway in Calgary, hosts the Bow River Pathway – the crown jewel of Calgary's pathway system – is popular for its scenic views of the river, the Landscape of Memory and Road of Remembrance legacy projects (see: our HSCA blog on Memorial Drive Trees: A Living Legacy).

While she served on the HSCA Board, Doreen helped foster a tone of collaboration by starting the practice of

asking developers to come to the community association with their proposed buildings and to allow residents to have a dialogue with developers to build a better community. This is a practice that continues today.

Doreen had the foresight to go through the process via the City of Calgary to legally protect her home. The Orman Residence at 734 Memorial Drive NW, was the first home in Sunnyside to be designated as a Municipal Historic Resource for its architectural and cultural significance, forever embedded in the historical fabric of the city.

Plaque Ceremony, 2016



HSCA AGM – April 25, 2017

We are honoured to have dedicated the 2020 Hillhurst Sunnyside Community Association Annual General Meeting to Doreen Orman, a community member who dedicated her life to the service of the community. We were joined by Doreen's children, Maureen and Rick, to celebrate Doreen's memory and legacy to HSCA at the very spot she was presented with HSCA's Volunteer Service Award in 2017!

Something Worth Celebrating

The Mona Lisa is one of the most famous paintings in the world. It is well-known globally, as is its creator Leonardo da Vinci. When we think of April, we don't usually think of the Mona Lisa or da Vinci, but maybe we should since April 15th is the day Leonardo was born. Now that is something worth celebrating!



THE GOOD FOOD BOX (GFB)



The Good Food Box (GFB) is a program under the Community Kitchen Program of Calgary whereby you can purchase fresh fruits and vegetables at a very low cost. The Good Food Box is a hands-up program, as opposed to hands-out.

2021 Good Food Box Order and Delivery Dates

Order by 2:00 pm

Pick Up between 1:00 and 3:00 pm

Order	Pick-Up
April 20	April 29
May 11	May 20
June 8	June 17
September 14	September 23
October 12	October 21
November 16	November 25

Large Box: Includes approximately 40 pounds of produce. Cost: \$35.00

Medium Box: Includes approximately 30 pounds of produce. Cost: \$30.00

Small Box: Includes approximately 20 pounds of produce. Cost: \$25.00

Orders accepted:

Online at the HSCA Web Store at www.hsca.ca/community-food-program

HSCA Farmers' Market at the welcome table (cash orders only)

Orders may be placed during the pick-up times (cash orders only)



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(1) Offer subject to change without notice. Available to residential customers who have not subscribed to TELUS Internet in the past 90 days. For customers signing up on a 24-month term, the internet rate plan price is guaranteed to remain the same for the duration of the 24-month term. Prices of features and add-ons such as unlimited internet data are not guaranteed during the 24-month term and subject to change anytime. Offer includes Gigabit internet. From month 1-24, a \$61/mo. discount applies. Regular price, currently \$160/mo., applies after the 24-month term and is subject to change. All prices do not include applicable taxes. \$0 unlimited data offer is only available to customers signing up on a 2-year internet service agreement. Regular pricing for Unlimited Data add-on applies at month 25, regular price is currently \$15 per month and is subject to change without notice. Minimum system requirements apply. Final eligibility for the services will be determined by a TELUS representative. A cancellation fee applies to the early termination of your internet service agreement, which will be the sum of \$360, declining by \$15 for every month of internet service and reducing to \$0 at the end of your 2-year term. Rental equipment must be returned in good condition upon cancellation of service, otherwise the replacement cost will be charged to the account. Maximum speeds require optimal network conditions on a wired connection. Internet access speeds may vary depending on location, usage within the home network, internet traffic, applicable network management or server configurations. Concurrent data streams, including combinations of uploads and downloads, may be required to access maximum speeds. Maximum speeds may not be achievable using a single device. (2) Based on a national average of the PCMag Speed Index that compares major Canadian ISPs using over 23,000 tests conducted between June 1, 2019 and June 2, 2020. The national average may not be representative of the fastest ranked ISP in individual provinces. Reprinted with permission. © 2020 Ziff Davis, LLC. All Rights Reserved. (3) Not available in all areas. Traditional copper wire or copper wire hybrid networks are subject to capacity constraints and environmental stresses that do not affect TELUS fibre optic technology, which is based on light signals. Individual results may vary depending on location, usage within the home network, internet traffic, applicable network management or server configurations. For a description of TELUS' network management practices please see telus.com/networkmanagement. (4) TELUS offers symmetrical speeds with the fastest upload speed of 940 mbps in comparison to our major competitor's fastest upload speed of 100 mbps. Traditional copper wire or copper wire hybrid networks are subject to capacity constraints and environmental stresses that do not affect TELUS fibre optic technology, which is based on light signals. Not available in all areas. TELUS, the TELUS logo, telus.com, and TELUS PureFibre, are trademarks of TELUS Corporation, used under license. All rights reserved. © 2021 TELUS 20-0105

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