

Alberta Health Services - Mental Health Walk-In

403-943-9300 (Switchboard)

<https://www.albertahealthservices.ca/findhealth/Service.aspx?serviceAtFacilityID=10182>
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31 Sunpark Plaza SE, Calgary, Alberta T2X 3W5 2 floor, Mental Health Area.

North entrance, take the elevator to the second floor and ask for a Walk-In.

Free, walk-in therapy on a single-session basis is offered to clients of all ages.

Open until 10 pm – Help with different types of health needs, for example, diabetics, copd, broken bones..

- Hours of operation:
 - Monday – Thursday 4:00pm – 7:00pm
 - Friday 9:00am – 12pm
 - Closed weekends and statutory holidays.