

SEPTEMBER 2020

DELIVERED MONTHLY TO 7,500 HOUSEHOLDS

HILLHURST SUNNYSIDE VOICE

PRESERVING AND ENHANCING THE QUALITY OF LIFE FOR RESIDENTS OF HILLHURST SUNNYSIDE

THE SUNDAY FLEA MARKET
CONTINUES OUTDOORS THIS
MONTH
EVERY SUNDAY,
7:00 AM TO 3:00 PM
(WEATHER DEPENDANT)

**★ SHOW YOUR GROW!
PARTICIPATE IN OUR VIRTUAL
HARVEST FAIR THIS YEAR!**

**SUBMIT ONLINE UNTIL SEPTEMBER 9
SEE DETAILS ON PAGE 11**

**FRESH ROUTES
MOBILE GROCERY STORE
EVERY MONDAY, 4:00 TO 6:00 PM**



OPENING
FALL
2022



Discover the next generation of senior living in the heart of downtown Calgary

This really is a new chapter in your life. You're aging, but your life is still inspiring. At Riverwalk Retirement Residence we believe seniors should live life with zest, vitality and fulfillment. We offer continuum of care, so whether you're looking for Independent Living, Personalized Care, Assisted Living or Memory Care, you'll find your perfect fit, right here. Our new retirement residence offers beautiful condo-like suites to help you feel at home. With fine dining, life-enrichment programming, a robust community feel and seemingly endless services and amenities, you'll love your new lifestyle.

**For more information about Riverwalk Retirement Residence call 403.271.7244
or visit verveseniorliving.com/riverwalk/**



528 25 Ave S/W Calgary, AB | verveseniorliving.com/riverwalk/

INDEPENDENT LIVING • ASSISTED LIVING • MEMORY CARE LIFESTYLES



Hillhurst Sunnyside Community Association

Community Centre

1320 5 Avenue NW, Calgary, AB T2N 0S2

Phone: 403 283-0554 • Fax: 403 270-3130 • www.hsca.ca

BOARD OF DIRECTORS

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Please note that due to the HSCA's closure related to COVID-19, only a limited number of staff will be available. We appreciate your patience during this transitional time.

STAFF LISTING

Kate Stenson	Executive Director Ext. 221	kate.s@hsca.ca
Lisa Chong	Community Planning Ext. 229	lisa.c@hsca.ca
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Amy Kettenbach	Controller Ext. 225	accounting@hsca.ca
Hillhurst Sunnyside Daycare	Sunshine and Rainbow Rooms	403-270-9703
Bonnie Constable	Flea Market Coordinator Ext. 231 (drop in on Sundays, or leave a message - calls returned on Wednesdays and Sundays only)	
Heather Ramshaw	Community Programs Coordinator Ext. 248	heather.r@hsca.ca
Shaye Radford	Community Connections Coordinator Ext. 247	shaye.r@hsca.ca

CRIME STATISTICS

Hillhurst Crime Activity was Up in July 2020

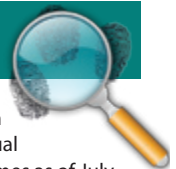
The Hillhurst community experienced 40 crimes in July 2020, in comparison to 32 crimes the previous month, and 39 crimes in July one year ago. Hillhurst experiences an average of 30.7 crimes per month. On an annual basis, Hillhurst experienced a total of 368 crimes as of July 2020, which is down 13% in comparison to 425 crimes as of July 2019. To review the full Hillhurst Crime report visit hill.mycalgary.com

Sunnyside Crime Activity was Up in July 2020

The Sunnyside community experienced 20 crimes in July 2020, in comparison to 18 crimes the previous month, and 34 crimes

in July one year ago. Sunnyside experiences an average of 18.9 crimes per month. On an annual basis, Sunnyside experienced a total of 227 crimes as of July 2020, which is up 6% in comparison to 214 crimes as of July 2019. To review the full Sunnyside Crime report visit sunn.mycalgary.com

How To Report Crime In Hillhurst | Sunnyside: Dial 911 for emergencies or crimes in progress. For non-emergencies dial (403) 266-1234. To report a crime anonymously, contact Crime Stoppers at 1-800-222-8477 (Talk, Type or Text), submit tips online at crimestoppers.ab.ca, or text tttTIPS to 274637.



Hillhurst Sunnyside Voice - Designed, manufactured, and delivered monthly to 7,200 households by:

GREAT NEWS MEDIA
LEADERS IN COMMUNITY FOCUSED MARKETING



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Print & Digital
**TARGETED
MARKETING
BY COMMUNITY**

5 Excellent Reasons to Advertise in Community Newsletter Magazines

- 1. Top of Mind Brand Awareness:** Consistent advertising leads to increased sales. Companies maintain and gain market share when community residents are consistently reminded of their brands.
- 2. Payback:** Community residents trust, and call businesses that advertise in their community magazines.
- 3. High Readership:** 68% female | Even distribution of Millennial, Gen X, and Baby Boomer readers
- 4. Cost Effective:** With advertising rates as low as \$0.01 cent per household, advertising in our community magazines is incredibly affordable.
- 5. Geofence Your Audience:** Manage your budget, optimize your returns and target your audience by specific community magazines.

Nearby Community Newsletter Magazines:

			<p>To Advertise Call 403 720 0762 Email sales@greatnewsmedia.ca GREAT NEWS MEDIA LEADERS IN COMMUNITY FOCUSED MARKETING</p>			



UPCOMING EVENTS

With the mandatory closure of HSCA, most events and programs have been cancelled, with the recent exception of:

Every Monday: Fresh Routes Mobile Grocery Store, 4:00 to 6:00 pm

Every Wednesday: HSCA Farmers' Market, 3:00 to 7:00 pm

Every Sunday (weather permitting): Outdoor Flea Market, 7:00 to 3:00 pm

Limited Saturday Gym Rentals (visit www.hsc.ca for details)

LDK Karate classes begin September 8 at HSCA! Visit ldkfoundation.com for registration and COVID-19 protocols.

As we continue to monitor provincial and city regulations, visit the HSCA website for the most up-to-date information about HSCA programming and events.

Program Phone Numbers

*Art Classes

Capoeira 403-827-7917

*Chair Yoga Debbie 403-283-0554 ext. 224

*Drop In ESL Classes Norman esl@hsc.ca

*Farmers' Market

*Fresh Food Basket Heather 403-283-0554 ext. 248

*Flea Market Bonnie 403-283-0554 ext. 231
(Drop in on Sundays or leave a message.
Calls returned on Wednesdays and Sundays only)

Karate Richard 403-203-8710

Karma Yoga* Lisa K. 403-270-0995 (no texting please)

*Neighbour Night Shaye 403-283-0554 ext 247

*Seniors' Knitting/Morning
& *Seniors' Drop In Debbie 403-283-0554 ext. 224

Spanish Lessons Guilliana 403-835-2650

Sportball 403-700-7994

Your Message Here



Have you ever noticed the sign outside of Framed on Fifth and the Remax office on 5th Avenue? The sign is currently on-loan to the community during this time of physical distancing so that we can still have a connection point to share some words with each other. If you have something to say to the community, perhaps it's a message of hope, a joke or a thank-you to everyone on the front lines, now is your chance! Please email your short message (approximately 40 characters) to hannah@framedonfifth.com for your chance to be featured. Messages will be updated frequently to allow all to be featured. **All ages welcome!**

End of an Era: Wilma Millson Club's Dances Ceasing Operation after 25 Years

Dance, perhaps more than other social activity, faces an uphill battle with the challenges presented by COVID-19. Wilma Millson's Club's long-running dances are no exception.

The ongoing loss of patronage, increased operating costs, and a need for social distancing have led organizers to make the difficult decision to close down operations permanently.

For the past 25 years, the social club's events have been a staple here at the Hillhurst Sunnyside Community Association—and while the clubs are ceasing operations, their long-history of providing a safe and social environment for people with special needs should be commemorated!

The club was started by Wilma Millson and her family, as they were looking for ways to support her daughter. Wilma ran the club into her 90s – though, eventually Bob Keegan, who had been a volunteer for many years, was asked him to take the helm.

Bob Keegan decided to call the club "Wilma Millson Club", after its founder. Under his guidance, the club ran for many more years – until his daughter Joanne Keegan took over coordinating the dances 8 years ago.

"It was really tough to spread the word that the club was ceasing operations, mostly because this was a great social event for people to come out, socialize with their friends, have a light refreshment and listen to the music," she continued. "There are fewer and fewer groups like this around now."

"It seemed like everyone knew about or had been to the dances at HSCA," said Keegan. "I

think there are many, many people who will look back fondly on their time spent at 'the dances.' So many friendships and other bonds were formed."

"The pure joy on the faces of the attendees made it all worthwhile - that's what it's was all about."

A special thanks to the Calgary Old Time Hockey Players Association for their years of volunteering and financial support.

KARATE HILLHURST

Classes start September 8, 2020

LDK FOUNDATION

Leadership Development through Karate

Ages 5 & Up

Beginners Welcome!

Leadership Development through Karate classes for:

- Little Dragons (5-7 years)
- Children, Youth & Adult
- StrengthFit Karate

Karate Hillhurst

Hillhurst Sunnyside

Community Association

1320 5th Avenue NW, Calgary, AB

Visit ldkfoundation.com for COVID-19 protocols during in-person classes.

LDKFOUNDATION.COM

403-203-8710 | info@ldkfoundation.com

Good News about the Sunnyside Flood Barrier and Groundwater Protection!

In the May update, we passed on the City’s plans for a flood barrier capable of protecting the Sunnyside community in a 1:100 flood. This means a barrier about 1m higher than the current berm. The HSCA EPARC Infrastructure Group applauds this City plan for flood barrier height. We thank the many community members who advocated for this result.

There is more good news in this update. The City has communicated to HSCA their plan for Groundwater Protection as part of the Sunnyside Flood Barrier project.

Specifically, the City is proposing a partial depth seepage trench in Sunnyside along Memorial Drive between the Calgary Curling Club and 8th Street (trench placed average 3m deep), and using one or both of the new pump stations to return the water to the river. We believe that this solution provides the best balance between effectiveness and efficiency to address high river level induced groundwater seepage in Sunnyside.

The City shared with HSCA the results of their considerable investigations into the geology of Sunnyside, and that geology is very complex. Fortunately, there are members of the EPARC Infrastructure Group with expertise in geology who could help our understanding. The geological studies showed that the permeability of the material underground is not as high as previously feared, making groundwater seepage mitigation feasible (it could be characterized as high, but not extremely high, permeability).

The degree of protection that the partial depth seepage trench will provide and whom it will protect is a matter of some debate because of geologic uncertainties. There will continue to be a risk of basement flooding in the community because of these uncertainties, and of course in the case of groundwater seepage not caused by a high river level. Regardless, the EPARC Infrastructure Group believes that the city project is the most effective, reasonable alternative to provide protection from high river induced groundwater.

The City will be communicating the groundwater results and the next steps to the community in late August.

Residents Advocate for Community-Enhanced Flood Infrastructure

With flood mitigation infrastructure now confirmed by the City of Calgary, the new Sunnyside Brightening Committee (SBC) has organized to advocate for community-oriented customizations. The SBC feels these infrastructures could be customized help create a sense of place through art, aesthetics, and recreation without compromising the projects’ technical aspects nor incurring significant cost increases. The three priority areas are:

- **Connecting to the Bow** – With the construction of a higher 1:100 flood barrier, SBC plans to (A) engage with Parks on the design of the planned boat launch at 3 St NW to better serve the community; (B) advocate for accessibility to the wooded riverside area between 7 St NW and 4a St NW.
- **Brightening the Barrier** – Municipal plans currently show the construction of new floodwall. SBC will advocate for this infrastructure be brightened through concrete texturing, murals, mosaic, and seating or other features.
- **Stormwater Lift Station Art** – Station #1 plans have previously indicated wall space for community art. SBC will engage with the municipality to secure and develop community-led art projects.

Call to Action: Time limited opportunity to join your fellow Sunnysiders. Let’s improve the Bow River Pathway and our interaction with the Bow River and build and create art projects throughout the community. If you would like to do so please contact the SBC group chair, Preston Welker, at preston.welker@ucalgary.ca.



fresh routes

Mobile Grocery Store

Mondays, 4:00pm - 6:00pm

Hillhurst Sunnyside Community Association
Outdoors in the back parking lot
1320 5th Ave NW, Calgary

Weather permitting, check our website & social media for changes

Fresh Routes is a mobile grocery store. We bring healthy, affordable, food right to you—veggies, fruit, eggs, bread, and other healthy non-perishables that are awesome for humans & for our planet.

Accepting cash, credit, or debit. Bring your own bags and help us reduce waste. Everyone is welcome!

Operations have been modified to follow physical distancing practices and health and safety protocol from Alberta Health Services.

Made possible through the support received from the Calgary Foundation and its partner, RBC Foundation.

@freshroutes



www.freshroutes.ca

GOOD FOOD
STOPS FOR YOU

Noteworthy Dates in September

September is Self-Care Awareness Month

Did you know...

September 5 is National Cheese Day
September 10 is National Swap Ideas Day
September 15 is National Online Learning Day
September 25 is National Comic book Day
Share other fun days with us! Tag us on Instagram @hillhurst_sunnyside.

Disclaimer: Published articles, reports or submissions reflect the opinions of the author and should not be considered to reflect the opinions of Great News Media (GNN) and the Hillhurst-Sunnyside Community Association (HSCA). The information contained in this magazine is believed to be accurate but is not warranted to be so. GNN and HSCA do not endorse any person(s) advertising in this newsletter. Advertisements are not an endorsement of any goods or services.

HILLHURST SUNNYSIDE
FARMERS' MARKET
WEDNESDAYS 3-7PM
YEAR ROUND
—
ALBERTA APPROVED
GOOD FOOD COMMUNITY
SUSTAINABLY INCLINED
—
1320 5TH AVE NW, CALGARY AB

FARMERSMARKET.HSCA.CA FOR
VENDOR LIST AND SPECIAL PROTOCOL

SUNNYSIDE SHARED GARDEN
Join your neighbours at our shared garden space to grow food for yourself, and your community.
we meet every other
THURSDAY 6:30 PM
at the garden.

HSCA
Hillhurst Sunnyside Community Association
Email: heather@hscaca.ca to get on the gardeners e-mail list



Commit to 3 simple acts of kindness

Neighbours helping Neighbours

In light of the COVID-19 pandemic, social connectivity, mental health and community wellness are more important than ever. The City of Calgary is encouraging citizens to commit to three simple acts of kindness to support their neighbours, their community and the city.

Calgarians are renowned for our spirit of generosity, especially during times of crisis but, sometimes, it can be difficult to know exactly *how* to help. That's why we're launching Calgary.ca/HelpingOthers – an online collection of resources, ideas and inspiration on how you can help others during the pandemic.

Once you've chosen your three simple acts of kindness, share them on social media and join these community-led movements that are gaining popularity for their messages of positivity: #3Things4Neighbours, #AlbertaCares, #SupportLocalYYC and #yycHubs.

Visit Calgary.ca/HelpingOthers for:

- Tip sheets on how to connect with your neighbours, community and the city
- Printable tools and resources, like Neighbour Bingo and Connection Cards (example adjacent)
- Toolkit on how to start your own Neighbourhood Pod
- YYC volunteer opportunities
- Other ways to give



Hello neighbour!

Connecting to each other is more important than ever during the **COVID-19** pandemic.

Turn this card over for more information about a neighbour that is willing to extend a helping hand.

Please **give me a call** if you want to talk or need support:

My name: _____

My address: _____

My phone number: _____

My email address: _____

If you:

- have a medical emergency, call 9-1-1
- are in distress, call the Distress Centre (403) 266-1501
- need to access resources, call 2-1-1
- have health questions, call 8-1-1

To find a printable version of this card, or for information about The City of Calgary's response to COVID-19, visit calgary.ca/covid19.

To learn more about The City's response to COVID-19, visit calgary.ca/covid19.



Hillhurst Sunnyside Community Association

COMMUNITY BINGO

RULES: Only mark off a square once you have completed the task, each square has to be a separate activity.

PRIZE: BRAGGING RIGHTS!

Check in on a neighbour or family member	Make a DIY bird feeder	Make popsicles	Make someone laugh	Go on an outdoor treasure hunt
Write down 3 things you're grateful for	Make jam!	Build a fairy house!	Pickle something !	Do a recipe exchange
Buy or renew your HSCA Membership	Send a thank you note to someone	FREE	Have a teddy bear picnic	Listen to a podcast
Do a chalk rainbow design	Decorate your street facing window or door	Support a local business	Fly a kite	Paint some colourful rocks
Write a poem!	Tag HSCA on Instagram	Learn a magic trick!	Write a blog post for HSCA!	Identify 5 local trees and plants

How many did you check off?
Tag us with your photos on social media at
#hscayc

The Good Food Box (GFB)

Place your September orders by 2:00 pm on September 15 for pickup on Thursday, September 24. Visit <https://www.hasca.ca/community-food-program>.

Single Box: Includes approximately 20 to 25 lbs of fruits and vegetables (weights will vary depending on produce size and density). Cost: \$25

Medium Box: Includes approximately 30 lbs of fruits and vegetables (weights will vary depending on produce size and density). Cost: \$30

Large Box: Includes approximately 40 lbs of fruits and vegetables (weights will vary depending on produce size and density). Cost: \$35

HSCA has no capacity to store boxes. All unclaimed boxes will be donated to another food program.

The Good Food Box (GFB) is a program under the Community Kitchen Program of Calgary.

Everything in
MODERATION,
including
MODERATION.

~ Oscar Wilde



BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

LOCAL MORTGAGE BROKER: Your mortgage may be costing you thousands more than you need to pay! As a local mortgage professional, I have helped your neighbours navigate their purchase, refinance, and renewal options. Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Verico Avenue Financial Real Estate Solutions.

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email officialplumbingandheating@outlook.com; www.official-plumbing-heating.ca.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

LANDSCAPING & WEEKLY YARD CARE: Snow removal starting at \$120 per month. Garden bed design, mulch, rock, and sod installation. Stone patios, walkways, raised beds and rock walls. Affordable fence and deck construction. Window or gutter cleaning starting at \$89. A+ Member of BBB, Licensed, insured. Seniors' discount. Call or e-mail 403-265-4769. YardBustersLandscaping.com.

LOCAL HANDYMAN IN MARDA LOOP – RELIABLE HOME SOLUTIONS: Repairs/replacements and odd jobs. Plumbing (leaky/running faucet or toilet, garburator), electrical (wall switch, light fixture, exhaust fan), install new window hardware/coverings, fix sticky doors, drywall repairs, painting, fence/gate repairs. Call/text Tom, 403-970-4466, or email tomh5566@gmail.com.

THE GUTTER DOCTOR! Eavestrough repairs, cleaning, and replacements. Fascia, soffit, cladding, roofs, and siding. For over 17 years and 30,000 projects we have done the job right – and it's always guaranteed! Full liability insurance and WCB. A+ rated BBB member. Calgary's top award winner! www.gutterdoctor.ca, 403-714-0711.

LOTUS LANDSCAPING: is an independently owned and operated landscape and handyman company. At Lotus, we provide competitively low rates for high quality services specializing in snow removal, junk removal, irrigation, lawn maintenance, masonry, fence and decks and all other home and yard needs. 403-483-2162, lotus-landscaping@outlook.com.



Show Your Grow: The 2020 HSCA Farmers' Market Virtual Harvest Fair

Our Virtual Harvest Fair is here. Since we can't come together to celebrate giant produce, delicious pies, and eating donuts off strings, we are having a photo contest to keep the spirit of Harvest Fair alive.

This year, all you have to do is submit a photo that relates to any of our original categories! Send it to heather.r@hsca.ca, or post it on social, tag us @hsca.farmersmarket and use #HSFMharvestfair2020. Make sure to tell us where in the city your photo is from too.

Submissions are being accepted from August 12 to September 9, with winners being chosen shortly after!

See all original categories on our website, <https://farmersmarket.hsca.ca/harvest-fair>.

Abundant Communities



Calgary Neighborhood Block Project

What is it?



- An initiative focused on building community resilience, capacity & advocacy in Calgary neighbourhoods.



- Neighbours caring for neighbours and building community where they live.



- An opportunity to build blocks and neighbourhoods where we look out for one another, share our skills and resources within one another and collectively build the neighborhood we dream of.

Benefits of Neighbouring

- Disaster Preparedness
- Resident Retention
- Mental Health
- Social Connection
- Neighborhood Engagement
- Participation in Civic Engagement
- Safer, more liveable communities



Get Involved if:

- You already know or are interested in getting to know your neighbours.
- You can commit to a once weekly check in meeting, connecting 2x a month with a network of neighbourhood connectors and connecting on an ongoing basis with your block or neighbourhood.



For more information check out:
https://www.calgarycommongood.org/neighbourhood_block

To get involved email or call:
Jodi Lammiman at:
info@calgarycommongood.org
403.875-5718



CALGARY ALLIANCE
FOR THE COMMON GOOD

HSCA
Without Borderside Community Associates



Calgary Confederation
Len Webber, MP
 2020 10 St NW, T2M3M2
 ☎ 403-220-0888
 ✉ len.webber@parl.gc.ca

Certainty in Uncertain Times

Now, more than ever, we are hearing about inferior health products as companies and importers race to stock shelves with millions of face masks, gloves, disinfectants, etc. in response to the pandemic.

Unfortunately, this has resulted in some inferior and unsafe products reaching consumers.

As a result, Canadians are looking for certainty and reassurance with the products they are buying. (Of course, importing items through the mail direct from other countries does come with its own risks.)

The federal government provides valuable resources for Canadians to ensure that they are safe and healthy. You can find the link at www.lenwebbermp.ca/safety-notice-recalls or download a mobile app.

The Health Canada website provides information about consumer product, food and health product recalls, and safety notices.

Sometimes these notices contain information about potentially deadly issues, and other times it may draw attention to a mislabelling or packaging issue.

For example, finding out that a product you bought at the grocery store may have come into contact with peanuts may not be an issue for you, but it could be deadly for someone else. With the right information, you can decide on your best course of action.

Each notice will explain what product is affected, how to identify it (including photos), and what you should do. You can also report health or safety concerns about a product which can help identify widespread concerns.

Please note that the Canada Consumer Product Safety Act prohibits recalled products from being redistributed, sold, or even given away in Canada.

Many faults and problems with medical devices come to the attention of Health Canada from reports from Canadians like you. You can report any complaints involving medical devices to Health Canada by calling toll-free at 1-800-267-9675. You should also make the store that sold the item aware of any problems or concerns.



MLA Calgary-Mountain View
Kathleen Ganley
 723 14 St NW T2N 2A4
 ☎ 403-216-5445
 ✉ Calgary.MountainView@assembly.ab.ca

This summer, I've been honoured to participate in numerous significant conversations with Mountain View community members and advocacy groups, covering a range of topics and areas of concern as much uncertainty remains in our daily lives.

Top of mind for many parents, teachers, school staff, and others is the return to school amidst the ongoing COVID-19 pandemic. I was proud to see my colleagues in the NDP caucus present Safe Schools, Successful Students, an alternative relaunch plan for Alberta's schools. We hope that all 15 recommendations in the proposal – focusing on student and staff safety, funding for teachers and PPE, and safe transportation measures for students – will be implemented by the UCP government.

NDP Education Critic Sarah Hoffman said when presenting the plan in mid-July that “governing is about choices and priorities. Albertans have repeatedly told us that children’s safety must be a top priority. While these recommendations come with a cost, the consequences of pretending things can operate normally without consequence will be far more costly.”

You can view the plan online and sign the petition to support a safe return to school at: <https://www.albertandpcaucus.ca/take-action/successful-students>.

During these difficult times, it's good to see friends and neighbours coming together for one another's safety and protection. Combined with physical distancing, good hand hygiene, and staying home when sick, masks are an effective tool to limit the virus's spread.

The City of Calgary's Face Coverings bylaw became active on August 1, with masks required in indoor public areas, and public vehicles (taxis, rideshares, and public transit). Free masks are available, while supplies last, at the city's YMCA facilities.

For guidance for you and your family regarding the proper use of masks, there are tips from the Government of Alberta and Chief Medical Officer, Dr. Deena Hinshaw, available online: <https://www.alberta.ca/masks.aspx>.

As always, I'm happy to hear from you. Please keep in touch through my constituency office.



Councillor, Ward 7
Druh Farrell
✉ ward07@calgary.ca
🌐 druhfarrell.ca
📱 @DruhFarrell 📺 Druh Farrell

At the time of writing, the Government of Alberta just announced its relaunch plan for the fall school term. Many children, parents, and educators will be entering an uncertain and stressful part of the year. Unfortunately, COVID-19 isn't the only thing generating stress for back-to-school.

Every year, September marks a significant uptick in calls to the City about traffic safety. Mostly that comes from parents who worry whether their children will be safe to walk to school or bike through their own communities.

Fortunately, Council endorsed a reduction of the 50 km/h unposted speed limit to help improve the safety of our neighbourhood streets. Those are the streets in front of your homes and the streets that your kids walk on to school. Council will debate this fall whether the new default for neighbourhood streets is 30 km/h, 40 km/h, or a combination.

The World Health Organization reports that pedestrians are 90% likely to survive when struck by automobiles travelling at 30 km/h, 60% at 40 km/h, and less than 20% at 50 km/h. Lower speeds also reduce the likelihood of collisions occurring in the first place.

We also know there is a massive financial cost to collisions in Calgary. 10,250 collisions happen on neighbourhood streets annually, contributing roughly \$300 million toward Calgary's overall \$1.19 billion in societal costs from collisions.

A speed limit reduction would cut up to 2,530 collisions and \$74.3 million in societal costs, annually. It will make our neighbourhood streets more liveable. It will reduce costs to society. It will mean that fewer of your neighbours are killed or injured as a consequence of simply walking, cycling, or driving on our streets. It will make it safer for your kids to walk to school and to have greater independence in exploring their communities.



Community Connections for Seniors

While the Community Centre is closed, we are still working to provide connections and supports in the community for seniors. The longer we face challenges with the current pandemic, the more likely seniors are to need support of one kind or another.

If you are concerned about a senior on your block, try the following:

- Ring the doorbell and then step away from the door so that they can see you but know you are standing a safe distance away and wear a mask to show you are taking precautions.
 - Tell them you are checking to see if they are okay (we can keep our distance but let them know they are not isolated or forgotten)
 - Ask if there is anything they need (maybe they would just like someone to talk to for a while. You can do that through the door.)
- If you can help, great. If not, let the community centre know, and we can follow up.
- Ask if they would like to be connected to the community centre and give them my phone number to call. They could write it down or you could give them my name and contact number.
- If they don't answer the door and you haven't seen them for a while and are worried, call or email me and I will connect with you to learn more and see what we can do to help. You could also call the Police non-emergency number (403-266-1234), let them know you are worried and ask them to do a welfare check if you feel the need is more urgent.
- Contact Debbie
 - 403-283-0554, Ext. 224 and leave a message
 - Send an email – Debbie.o@hsc.ca
 - Provide as much information as possible. I will connect with you as soon as possible



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