

## **Wood's Homes - Eastside Family Centre**

<https://www.woodshomes.ca/programs/eastside-community-mental-health-services/>

Call: 403-299-9699 | 8 a.m. - 11 p.m.

Text: 587-315-5000 | 9 a.m. - 10 p.m.

#255 495 36 Street NE (Northgate Mall)

Walk-in counseling offered at no cost for families, individuals and youth. Service targeted to anyone who is experiencing a self-defined mental health, social, and / or personal concern including individuals, couples, and families.

- Hours of operation:
  - Monday - Sunday: 8 a.m. - 11 p.m.
  - Closed Sundays and all statutory holidays.